2020 Youth Activities Guide in Amador County

This guide is prepared to assist youth and their parents/foster parents/guardians to find constructive, educational, and interesting extracurricular activities. While it is not an inclusive list, since there is a wonderful range of clubs and activities in the Mother Lode region, it does present a “place to start.”

A source of valuable information about community activities and events:
The Ledger Dispatch ‘A to Z’
A Guide to Services, Resources, and Recreation in Amador County
A publication of the Ledger Dispatch
Distributed by Amador County Chamber of Commerce and Visitors Bureau
Located at 115 Main Street, Jackson, CA 95642

The Activities Guide is organized in categories which you will find below in the order that they appear in the guide:

- Enrichment/Leadership
- Service Clubs
- Faith Base
- School Based
- Recreation and Sports
- Community Involvement

ENRICHMENT/LEADERSHIP

Amador Area CHP Explorers
CHP-Explorers are for dedicated young adults ages 15-21 years old who are interested in seeking a career in Law Enforcement.
California Highway Patrol, 301 Clinton Road, Jackson, CA 95642
(209) 223-4890
Website: https://www.chp.ca.gov/chp-careers/explorer
Sutter Creek Police Department Cadets
Sutter Creek PD Cadet program is open to young men and women who are 14-21 years old. The goal of the Cadet program is to prepare participants for the police academy and introduce them into a career in law enforcement.
Sutter Creek Police Department, 18 Main Street, Sutter Creek, CA  95685
(209) 267-5646
Website:  Sutter Creek Police Department | Amador County | California Gold Country

Boy Scouts
Boy Scouts of America is now a co-ed organization. Amador County has 5 Cub Scout Packs, 5 Boy Scout Troops and 1 Venturing Crew serving the communities of Ione, Jackson, Sutter Creek, Plymouth, Pine Grove, and Upcountry. A Girl Scout troop, covering ages 11-17 will share many activities with the boys. Cub scouting is for children in the first through fifth grades, or 5 to 10 years of age. Children who are 11 to 17 years of age, or have completed the fifth grade, are eligible to join the Boy scouts. Venturing is a co-ed program for young adult males and females 4 to 21 years of age.
Website:  http://www.gec-bsa.org/3411

Girl Scouts
Girl Scouts is the premier leadership organization for girls in the United States. Girl Scouts Heart of Central California (GSHCC) is the area’s local council and troops are active throughout the community.
Website:  https://www.girlscoutshcc.org/

Kaizen Martial Arts Academy
Kaizen equips students with the necessary tools, skills, and confidential and mental awareness to protect themselves. Kaizen offers a blend of traditional Karate, Krav-Maga, Brazilian Jiu-Jitsu. Ages 5 to 13 years old. Brazilian Jiu-Jitsu and Cardio Kickboxing for ages 14 and older.
525-5 S. Highway 49, Jackson, CA  95642
(209)  419-0803
Website:  https://kaizennamador.com/
**Ko Sutemi West Karate Studio**
Ko Sutemi West Karate Studio offers Karate training for higher self confidence, self esteem, self discipline, self respect, and honor and courtesy towards others.

1510 S. Highway 49, Jackson, CA 95642
(209) 296-4200
Website: [http://kswkarate.blogspot.com/](http://kswkarate.blogspot.com/)

**SERVICE CLUBS**

**4-H Clubs of Amador County**
According to the 4-H Clubs of Amador County, “... 4-H serves youth in rural, urban, and suburban communities in every state across the nation. 4-H’ers are tackling the nation’s top issues, from global food security, climate change and sustainable energy to childhood obesity and food safety. 4-H out-of-school programming, in-school enrichment programs, clubs and camps also offer a wide variety of STEM opportunities – from agricultural and animal sciences to rocketry, robotics, environmental protection and computer science – to improve the nation’s ability to compete in key scientific fields and take on the leading challenges of the 21st century.”

Amador 4-H Office Hours are Monday through Friday from 8:00 a.m. to 5:00 p.m.
(209) 223-6484
12200-B Airport Road, Jackson, CA 95642
Website: [https://ucanr.edu/sites/AC4H/](https://ucanr.edu/sites/AC4H/)

4-H Clubs in Amador County meet in Plymouth, Fiddletown, Jackson, Pine Grove, and Ione and include the following clubs:

**Blue Ribbon Up-Country 4-H**
Meets: Upcountry Community Center, 19386 Hwy 88, Pine Grove, CA 95665
Contact: Ashley Matthews 
Email: matthews_ashley@hotmail.com

**Fiddletown 4-H**
Meets: Fiddletown Community Library, 14474 Jibboom Street, Fiddletown, CA 95629
Contact: DeAnna Bell 
Ph: (209) 781-5273 
Email: deanna_stiltz@yahoo.com
Gold Nugget 4-H  
Meets: Plymouth City Hall, 9426 Main Street, Plymouth, CA 95669  
Contact: Rosemarie Moreno-Moody  Ph: (209) 245-3971

Ione Community 4-H  
Meets: Ione Elementary, 415 S. Ione Street, Ione, CA 95640  
Contacts: Anna Garcia and Andrea Petretti  Email: ionecommunity4h@gmail.com

Jackson Gold Wheels 4-H  
Meets: Amador County 4-H Office, 12200-B Airport Road, Jackson, CA 95642  
Contact: Diane Franklin  Ph: (209) 418-9268  Email: dizey02@att.net

Shenandoah Valley 4-H  
Meets: Shenandoah School House, 21601 Shenandoah School Road, Plymouth, CA 95669  
Contacts: Jule Lyman  Email: joshandjulielyman@gmail.com  
Jenny Taylor  Email: sacwoman@yahoo.com

Willow Springs 4-H  
Meets: Amador County Fairgrounds-Spur Emporium, 18621 Sherwood Street, Plymouth, CA 95669  
Contact: Rielle Waters-Santinelli  Ph: (209) 419-1666  Email: riellesantinelli@gmail.com

**Grange**
The Grange is a national organization devoted to the protection, preservation and enhancement of agriculture, improvement in agricultural communities, and the families and friends of farming. There are three local Granges with programs for youth: Ione Grange, Ione Jr. Grange, and Fiddletown Jr. Grange.

Contact: Dolores Larrigan  Ph: (209) 610-9415  Email: larrigan@volcano.net

**Kiwanis**
The six permanent Objects of Kiwanis International were approved by Kiwanis club delegates at the 1924 Convention in Denver, Colorado. Through the succeeding decades, they have remained unchanged.

- **Object 1** - To give primacy to the human and spiritual rather than to the material values of life.
- **Object 2** - To encourage the daily living of the Golden Rule in all human relationships.
• **Object 3** - To promote the adoption and the application of higher social, business, and professional standards.

• **Object 4** - To develop, by precept and example, a more intelligent, aggressive, and serviceable citizenship.

• **Object 5** - To provide, through Kiwanis clubs, a practical means to form enduring friendships, to render altruistic service, and to build better communities.

• **Object 6** - To cooperate in creating and maintaining that sound public opinion and high idealism which make possible the increase of righteousness, justice, patriotism, and goodwill.

Meeting Location: Mel and Faye's Diner, 31 State Highway 49 & 88, Jackson, CA

Meeting Days/Time: 1st and 3rd Wednesday at 7:00 a.m.

Email: [https://www.cnhdivision44.org/Page/31162](https://www.cnhdivision44.org/Page/31162)


**Rotary International**

Interact is Rotary International's service club for young people ages 12 to 18. Interact clubs are sponsored by individual Rotary clubs, which provide support and guidance, but they are self-governing and self-supporting.

**The Rotary Club of Jackson** proudly sponsors the Interact Club of Argonaut High School. Club members work with Jackson Rotarians on a variety of projects including the Third Grade Dictionary Project. Each year, Interact clubs are expected to complete at least two community service projects, one of which furthers international understanding and goodwill. Through these efforts, Interactors develop a network of friendships with local and overseas clubs and learn the importance of:

- Developing leadership skills and personal integrity
- Demonstrating helpfulness and respect for others
- Understanding the value of individual responsibility and hard work
- Advancing international understanding and goodwill

Contact: Barbara Long

Email: jaslawyer@volcano.net

The Rotary Clubs of **Passport to Amador and Rotary Club of Plymouth-Foothills** co-sponsor an Interact Club for high school youth at Amador High School and one for junior high school youth that attend Shenandoah Valley Charter School.
Interact Club - Amador High School
Contacts: Elizabeth Swason Ph: (415) 298-4000 Email: elizabeth@swason4.com
Lauren Hartwick Ph: (209) 712-5438 Email: lnhartwick@gmail.com

Interact Club - Shenandoah Valley Charter School
Rotary Advisor: Elizabeth Swason Ph: (415) 298-4000 Email: elizabeth@swason4.com

**FAITH BASED**

Local churches and houses of worship often offer youth programs and activities, some have a specific youth ministry. If the church of your faith does not have an active youth program, you may choose to explore a non-denominational program such as AWANA.

AWANA is a world-wide nonprofit ministry focused on providing Bible-based evangelism and discipleship solutions for ages 2-18. AWANA gives children the opportunity to know, love and serve Jesus, no matter their background. The goal is to reach youth with a Christian message of salvation and grow them spiritually through biblical studies. Participants typically meet once a week throughout the school year. The focus of the curriculum is on the presentation of the gospel and learning Scripture to build a biblical foundation for faith. Most programs include a group teaching time, individual one-on-one time with a leader to review the lessons learned that week and a time for games. Local churches which offer the AWANA program include:

- Church at the Cross
  21895 Homestead Road, Pine Grove, CA 95665
  Ph: (209) 296-5075

- Cornerstone Church of Ione
  116 S Church Street, Ione, CA 95640
  Ph: (209) 274-4131
  Website: [cornerstoneione.org](http://cornerstoneione.org) Email: kids@cornerstoneione.org
SCHOOL BASED

In addition to the clubs listed below, some schools use students as counselors and tutors for students in the primary and middle schools. One example is the use of students as Science Camp Counselors for 6th grade Science Camp. Check with the school counselor for information about the clubs offered and their activities.

Amador High School Clubs
- Ace-it! Tutoring Club
- Amador Drama Club
- Amador High Democrats
- Beyond the Walls Bible Club
- Blue Crew
- Chess Clubs
- Criminal Justice
- Digital Development
- Fellowship of Christian Athletes
- Friday Night Live
- Fund a Field
- Interact Club (Rotary Sponsored)
- Plural Club
- “S” Club
- FFA
- Yearbook Club
- Yoga Club
- Young Americans For Freedom

Argonaut High School Clubs
- Anti-Bullying Club
- Art Club
- Band
- California Scholarship Federation
- Cheerleading
- Catholic Club
- Circle of Friends
- Drama
- Environmental Club
- Family Career & Community Leaders of America
- FFA
- Hispanic Club
- Link Crew
- Power Lifting
- Student Government
- Yearbook

Ione Junior High School
- California Jr. Scholarship Federation
- Dungeons and Dragons
- Latin X Club
- Student Council
- WEB

Jackson Jr. High School
- California Jr. Scholarship Federation
- RC - Remote Control Cars
- Robotics
- Student Council
- Yearbook
- WEB
RECREATION AND SPORTS

Amador County Girls Softball Association
Softball season runs March-May for girls ages 5 – 14.  Sign-ups are online October-Mid January.
Website: acsoftball.com
Email: amadorcountysoftball@gmail.com

Amador Little League East
This is the official Little League for children ages 5-12 and Juniors Division players age 13-14 who reside in the Jackson, Pine Grove, and Pioneer areas. Registration is between November and February 1st, with the season running from the end of March to middle of June, with post-season play in July.
Website: www.aclle.com
Email: admin@aclle.com

Amador Little League West
This baseball program is available for youth between the ages of 5 and 14 who reside in the Ione, Plymouth, and Sutter Creek areas.  Sign-ups in December and January with the season running from March through July.
Website: www.acllw.org
Email: info@acllw.org
Ph: (209) 790-3755 (Message line only)

Amador Junior Buffaloes Football and Cheer
Youth 7 to 14 years of age who are in 2nd to 8th grade residing in the Amador County Unified School District may participate.  Players will be put on a team according to age and/or weight and address.  Sign-ups are in the spring with practice starting the last week in July or first week in August.  Games start in September and run through the week before Thanksgiving (for teams with winning records in the postseason).  We are always looking for new players in the age groups above.
Facebook: https://www.facebook.com/groups/AmadorJrBuff/ 
Football Contact: Charlie Blankenheim (209) 304-3527 
Cheer Contact: Melissa (916) 716-8931
Argonaut Junior Mustangs Football and Cheer
Argonaut Jr. Mustangs is a youth football and cheer organization for youth residing in the Argonaut High School Boundaries (Jackson and Ione) that are ages 6 to 14. Sign-ups are in the spring with practice starting the last week in July or first week in August. Games start in September and run through the week before Thanksgiving (for teams with winning records in the postseason).
Website: www.ajmfootball.com
Facebook: https://www.facebook.com/argonaut.jrmustangs
Email: admin@ajmfootball.com
Contact: Lance Roberts (209) 625-7896

Amador Polar Bear Swim Team
The Amador Swim Team provides area children the opportunity to swim competitively. The Team is a recreational team with primary emphasis on fun and fitness. We encourage swimming in a manner that provides recreation, self-discipline, good sportsmanship, and competition in the context of a "full family" experience for the swimmers. The team is active April through July.
Website: http://www.amadorpolarbears.com
President: Matt Waverly mattnellen@msn.com

Bowling
Gold Country Lanes offers a variety of junior bowling programs, including Friday Family Night with scholarships and Saturday morning Youth Scholarship leagues including bumpers.
Website: GoldCountryLanes.com
Ph: (209) 223-3334
Youth Director: Louretta Agness (209) 223-3334, ext. 6
Email: louretta.agness@goldcountrylanes.com

Junior Team Tennis League
Amador Tennis Club offers Junior Team Tennis, a 6 - 7 week coed tennis league for boys and girls ages 7 - 14, beginners are welcome. Each team has one practice and one match each week. Spring and Fall leagues run annually. Spring league matches are held on Saturdays and registration runs February to mid-March. Fall league matches are held on Sundays and registration is in August. No child will be turned away due to financial constraints.
Website: http://www.amadortennisclub.org/jtt.html
Contact League Director Christian Ducray at coach.ducray@gmail.com or info@amadortennisclub.org

Mother Lode Youth Soccer League
The recreational league season is in the fall (August to November) and is for youth ages 4 - 14. Games are every Saturday in Howard Park in Ione.
Website: www.mlysl.com
Facebook: https://www.facebook.com/MotherLodeYouthSoccerLeague/
Email: President.mlysl@gmail.com

Amador Youth Basketball
Amador Youth Basketball is designed to introduce, teach and develop the fundamentals of basketball to our local youth as well as to promote good sportsmanship, teamwork and healthy competition. Basketball is available for boys and girls in grades K through 8th grade. The season runs January thru March, with sign-ups in October.
Website: http://www.amadoryouthbasketball.com/
FaceBook: http://www.facebook.com/groups/148937168465984/
Email: amadoryouthbasketball@gmail.com.
Contact: Josh Woodson (209) 256-0182

COMMUNITY INVOLVEMENT

The churches and businesses with which you have contact may have volunteer opportunities for youth. In addition, various groups and organizations offer people the opportunity to voluntarily participate in activities that are designed to improve their community and its residents. The tasks vary according to the mission of each individual organization, as do the expected time commitment for the volunteer. While some may not have a role for youth, if the organization is involved in an area that interests you there is no harm in inquiring.

Some of the organizations using volunteers include:

**ACRA**
The Amador County Recreation Agency, a Joint Powers Authority, is designed to provide recreational opportunities at a reasonable cost to county residents and visitors. We focus on sports leagues and events, adult education, youth programs, pools and lifeguard services, and park and facility management throughout the county. ACRA provides structured, supervised activities for youth including Kids Afternoon Programs (KAP) in Jackson and Plymouth,
Summer Day Camps, a Children's Theater Workshop, the Haunted Hall in Pioneer Park, British Soccer Camps in Ione, Tiny Tykes Soccer at Argonaut High and swimming lessons at Ione, Sutter Creek, and Plymouth pools.

Website: [www.goacra.org](http://www.goacra.org)
Facebook: [Facebook.com/goacra](http://Facebook.com/goacra)
Email: acra@amadorgov.org
Phone: (209) 223-6349

**Amador County Chamber of Commerce**
Dedicated to advancing the economic, commercial, civic, industrial, recreational and general interests of and within the County of Amador.

Website: [amadorchamber.com](http://amadorchamber.com)
Email: amadorcountychamber@gmail.com
Phone: (209) 223-0350

**Amador Fire Safe Council**
The mission of the Amador Fire Safe Council is to protect the people of Amador County and their property from the catastrophic effects of wildfire through education, outreach, innovation and action.

Web Site: [www.amadorfiresafe.org](http://www.amadorfiresafe.org)
Email: amadorfiresafe@gmail.com
Phone: (209) 304-2187

**Amador Pregnancy & Family Resource Center**
Provides information and assistance regarding pregnancy issues and resources. Provides peer counseling, options counseling, crisis pregnancy help, parenting classes, pregnancy tests, plus baby clothing and equipment. APHC is a non-profit and does accept donations of clean and gently used baby clothing and some equipment. Please call ahead since they cannot accept all items.

Website: [https://amadorpregnancyhelpcenter.com/](https://amadorpregnancyhelpcenter.com/)
Email: APHCDirector@gmail.com
Phone: (209) 223-3813
Amador Council of Tourism
Destination Marketing Organization of Amador that also provides information to visitors about places to visit, shop, and stay.
Executive Director: Melissa Haines Lavin
Phone: (209) 267-9249
Website: visitamador.com
Email: hello@visitamador.com
Instagram: VisitAmador
YouTube: https://www.youtube.com/channel/UCauR8YCZV2fY88ehBGpm4hg/playlists?view_as=subscriber

A-PAL
In 1978 a group of animal loving Amador County residents created A-PAL Humane Society with the goal of promoting the humane treatment of animals in Amador County. Their mission is to ensure the humane treatment of animals in Amador County. Check their website for programs and volunteer opportunities.
Website: pawspartners.org
Email: apalhumanesociety@gmail.com
Phone: (209) 223-0410

ATCAA Services (Amador Tuolumne Community Action Agency)
People Helping People

Shelter & Housing
Emergency shelter & assistance * EMERGENCY rental housing assistance for literally homeless families * Homeless prevention funds to keep families in their homes to avoid eviction * CACFP Child and adult care food program for shelters * Varley Place - Permanent supportive housing for homeless veteran families and singles * Smart Money - financial literacy classes

Warmth
Utility bill assistance * Energy saving home improvements at no cost to qualified clients * Water conservation improvements at no cost to qualified clients

Youth
Head Start/Early Head Start: (209) 223-7333 ext. 3
CHAT - Child Therapy: (209) 223-1485 ext. 249
Foster Youth Support: (209) 223-1485 ext. 226 (Education and support promoting financial stability for foster youth age 13 - 21)

Adult
Adult - Family - Senior Tax Preparation and filing for qualifying individuals and families

Seniors
Amador Lifeline and Personal 24 hour Emergency Response Device / Service

Website: https://www.atcaa.org/
Information & Referral: (209) 223-1485

**CAL FIRE Juvenile Firesetter Assessment Program**
The Amador-El Dorado Unit of CAL FIRE and City of Ione Fire Department offer an assessment program for any juvenile who has been caught or reported to be playing with fire anywhere (inside/outside/on school grounds/etc.). Contrary to popular belief, any type of fire setting activity (whether it is lighting matches/lighters or setting things on fire) is not normal behavior and will not go away on its own. The program is free and is designed to assess a juvenile for future fire setting tendencies, educate the family on appropriate use of fire, explain the liabilities of continued fire setting, etc. The program can involve community service, homework assignments, etc., and can also make recommendations to Juvenile Justice/Social Services/Mental Health/etc. All local Amador County Fire Agencies participate in the program and can refer juveniles for an assessment.

Program Managers: Erik Fiedler  Ph: (530) 644-2345  Email: erik.fiedler@fire.ca.gov
Debbie Mackey  Ph: (209) 274-6115  Email: Kmackey@ione-ca.com

**California Tribal TANF Partnership (CTTP) of Robinson Rancheria Citizens Business Council**
California Tribal TANF Partnership (CTTP) is a federal and state funded social services agency, serving federally recognized Native American Tribal members and/or descendants, and California Judgement Roll individuals and/or their descendants. Eligibility requires at least one Native American child under the age of 18 years old in the household and complete an intake process. CTTP provides full case management for each case; whereby, we communicate and support the needs of the individual’s outside agency plans (i.e. probation, CPS) for applicable work hours for their success. General Cash Assistance is coordinated through the local office; Medi-Cal and Cal-Fresh is maintained through Amador County Human Services.
Supportive Services available: Education, transportation, vehicle repair, job search clothing, specialty tools, youth grade incentives, extra-curricular activities, seasonal clothing (fall and winter), and youth summer employment.

Other Department Support: Career Development, Education and Teen Pregnancy Prevention, Youth Employment Program.

Website: [http://www.cttp.net](http://www.cttp.net)
Facebook: [https://m.facebook.com/cttp.amador/](https://m.facebook.com/cttp.amador/)
Joni Drake - Site Manager: JDrake@cttp.net
Phone: (209) 257-6150

**Extended Learning Program (ACUSD)**
Providing after school homework club at elementary schools for 12 year olds and under. On-site for all elementary schools, except Pioneer Elementary; an after school program providing homework club, as well as, socialization skills, physical fitness, cooking & science, and arts & crafts.
Website: [amadorcoe.org](http://amadorcoe.org)
Contact: Margie Plant  Phone: (209) 257-5396

**Hospice of Amador & Calaveras**
We are your local hospice, committed to providing expert care, compassion and support to the terminally ill and their families. Our Griefbuster program is available free of charge to all children and teens, ages 5-19, who are grieving the death of a loved one.
Website: [http://www.hospiceofamador.org/](http://www.hospiceofamador.org/)
Phone: (209) 223-5500

**Interfaith Food Bank**
The Interfaith Food Bank serves as a focal distribution center with 15 satellite locations throughout Amador County including a Spanish speaking site in Plymouth. We provide emergency, without expense, supplemental food to the needy and operate a thrift store.
Website: [feedamador.org](http://feedamador.org)
Phone: (209) 267-9006
Beth Stanton - Executive Director: feedamador@feedamador.org
Kennedy Mine
Preserves the history of mining, provides tours of the mine, and operates a gift shop. Paranormal tours available. Private tours can be booked through the website and we rent out the facilities for weddings, fundraisers, etc. Teenage volunteers are encouraged to apply.
Website: kennedygoldmine.com
Email: info@kennedygoldmine.com
Phone: (209) 223-9542

Nexus Youth & Family Services
Nexus Youth & Family Services is a non-profit human services organization located in Amador County, California. The mission of Nexus is to serve members of the community through innovative programs, collaborative partnerships, and the provision of educational and therapeutic services. Nexus aims to enhance and improve the health and well-being of youth and families in Amador County.
Website: http://www.nexusyfs.org/
Programs Director - Lori Halvorson  Ph: 257-1980 ext. 107  Email: lhalvorson@nexusyfs.org

180° You Turn
This program is available to young men and women who are in need of a mentor. By combining group facilitation opportunities using curriculum from the One Circle Foundation and comprehensive mentoring, the Nexus 180° /You-Turn program provides a safe and nurturing environment where high-risk young will gain skills and knowledge to navigate growing up in today’s society. Through participation in group, youth will explore relationships, conflict resolution, education, leadership, community service, diversity, mass media messages, personal values, integrity and future goals. Call Nadine at 257-1980 ext. 102 or email nmagana@nexusyfs.org.

Court Appointed Special Advocates – CASA
After being thoroughly trained and background checked, CASA volunteers are appointed by the juvenile court judge to advocate for the best interest of children who are involved in the court system. If you know of a young person who could benefit from this program contact the CASA Coordinator John: 257-1980 ext. 108 or email jstettler@nexusyfs.org.

Friday Night Live
Friday Night Live is a youth leadership program with active after school chapters in the community and at school campuses in Amador County. The FNL program gives youth an
opportunity to be actively involved in community service, youth leadership, skills building and drug and alcohol prevention activities. Call Nadine: 257-1980 ext. 102 or email nmagana@nexusyfs.org.

Youth Empowerment Project
Nexus staff provide the Project SUCCESS curriculum to students in Amador County schools. Project SUCCESS teaches and instills drug and alcohol resistance and social competency skills such as communication, positive decision making, stress and anger management, problem solving and resisting peer pressure. Call Nadine: 257-1980 ext. 102 or email nmagana@nexusyfs.org.

Youth Advocate Program
The Child and Youth Advocacy staff and volunteers provide information referrals, assistance obtaining community resources, advocacy, mentoring, and peer leadership development for child victims. Contact: Lori 257-1980 ext. 107 or email lhalvorson@nexusyfs.org.

Independent Living Program
Independent Living Program (ILP) staff provide life skills instruction and case management services for youth in foster care, non-minor dependents, and emancipated youth. Referred youth participate in a range of activities, classes, and field trips. Contact Emma 257-1980 ext. 105 or email toeswett@nexusyfs.org.

Aggression Replacement Training (ART)
ART is a multi-module intervention designed to alter the behavior of chronically aggressive youth. It consists of three components: skill streaming which is designed to teach a broad curriculum of pro-social behavior, anger control which is a method for empowering youth to modify their own anger responsiveness, and moral reasoning training to help motivate youth to employ the skills learned via the other components. ART sessions are scheduled throughout the year. Call 257-1980 ext. 101.

Common Ground
Common Ground is a skills-building communication course which joins parents and teens in a creative partnership. During the course, parents and teens learn to listen respectfully, communicate honestly and openly, set and respect limits, and appreciate and honor differences. Contact the Nexus therapy office at 257-1980 ext. 101.
Parent Child Interaction Therapy (PCIT)
PCIT is an intensive treatment program that is designed to help both parents and children. The PCIT program works with parents and children together to improve the quality of the parent-child relationship and to teach parents the skills necessary to manage their child's behavior problems. PCIT is appropriate for children who are between the ages of 2 and 7 years. Call 257-1980 ext. 101 to schedule.

CHAT Child Counseling Services (CHAT)
The CHAT program offers individual therapeutic counseling services to children under 18 years of age who are victims of emotional trauma or abuse. All counseling services are provided free of charge by qualified therapists at the Nexus office in Jackson. To receive information regarding program eligibility requirements or to inquire about CHAT counseling services contact the Nexus therapy office. Call 257-1980 ext. 101.

Operation Care
Operation Care’s Go! Youth Program has a set curriculum based on different life skills to prepare youth for their future. Children anywhere from 7-11 years old can participate in the Go! Youth Juniors class and children from 12-17 can participate in the older class. Some classes include Anti-Bullying, Respect 360, Anger-Management, Love Is Not Abuse, WreckED, and a class that combines them all during the summer which is summer youth program. These different sessions discuss topics such as drugs and alcohol, healthy relationships, and healthy self-esteem. Other than learning, the Go! youth participates in community service activities, fundraisers, and field trips.
Website: https://operationcare.org/
Phone: (209) 223-2897

The Resource Connection - Child Care Resource and Referral
The Resource Connection offers referrals to Licensed Child Care Programs, Preschool Programs, Infant/Toddler Programs and School-age Programs. We also offer subsidy programs that help eligible parents and guardians afford the high cost of child care. In addition we provide information, training and/or support for existing and potential child care providers and grandparents raising their grandchildren.
Website: www.trcac.org
Phone: (209) 223-1624
Contact: Sheri Noble snoble@trcac.org
Help Paying for Child Care
Affording child care on top of all of the other expenses families are responsible for can be difficult or in some cases out of reach. The Resource Connection offers subsidy programs to help qualifying families pay for child care. The subsidy programs are funded from and operate in accordance with the California Department of Education and Department of Social Services regulations, and allow parents to choose their own type of child care that best meets their family’s needs.

Child Care Providers
The Resource Connection, through funding from the California Department of Education, provides information and services for child care providers including workshops; training; licensing assistance (monthly orientations); expansion of child care through the Child Care Initiative Program (CCIP); training for grandparents and other license-exempt providers; referrals to licensed programs, and resource and toy libraries.

The Resource Connection provides information and training related to: Starting and operating a child care business (including taxes, record keeping, contracts and marketing), nutrition, age-appropriate activities, discipline techniques, child abuse prevention, first aid and CPR, health and safety, ECERS, CLASS and other assessments.

Grandparent Support and Respite Program
The Resource Connection, with funding provided by Amador Behavioral Health, Prop. 63, offers a grandparent program that is designed to provide temporary relief for grandparents from the ongoing responsibilities of caring for their grandchildren. We offer several trainings and support groups throughout the year. Our goal is to provide regular discussion groups designed for Grandparents that will include information about local resources that can help grand families remain strong and successful.

Regular respite care is 16 hours of respite child care per month in a licensed child care facility or certified respite care setting. There is also planned respite and emergency respite care available in the program. Grandparents will be able to apply for up to 5 days per year, not to exceed 12 hours in a day for activities that are of urgent nature: illness, death, or other family emergency.
**Senior Center**
Provides support and information services for older residents of the county. Provides limited legal services, including ones for grandparents raising grandchildren.
Website: [https://www.amadorseniorcenter.org/](https://www.amadorseniorcenter.org/)
Phone: (209) 223-0442
Email: frontdesk@amadorseniorcenter.org

**Sierra Child and Family Services**
Operates a foster family agency, adoption agency, and outpatient mental health clinics with wraparound services based on five core values: child-focused, family-centered, trauma informed, culturally relevant, and community based.
Website: [https://www.sierrachildandfamilyservices.org/](https://www.sierrachildandfamilyservices.org/)
Phone: (209) 257-1244 or (209) 790-9222
Contact: Amanda Robinson amandar@sierrachild.org

**TriCounty Wildlife Care**
Provides education and public awareness of our native wildlife and gives the sick, injured, and orphaned WILDLIFE a second chance to be free. Wildlife presentations are free and available upon request with live non-releasable wildlife.
Website: pawspartners.org
FaceBook: [https://www.facebook.com/pages/Tri-County-Wildlife-Care/138494812886855](https://www.facebook.com/pages/Tri-County-Wildlife-Care/138494812886855)
Phone: (209) 283-3245

**Volcano Community Association (VCA)**
VCA strives to utilize the information and enterprises of its members to promote educational, moral, social, civic measures and community improvement. Funds raised at the VCA sponsored Crab Feed provide scholarships to Volcano youth which are based on their grades and volunteer hours contributed to the community. The VCA sponsors the Cannon Ball Run Car Show in July which includes the 4th of July Parade. Funds generated from this event provide the VCA resources to contribute to some needed town improvements and charitable donations.
Facebook: [https://www.facebook.com/VCAVolcanoCommunityAssociaton/](https://www.facebook.com/VCAVolcanoCommunityAssociaton/)
Contact:Nancy Bailey nance@volcano.net
Phone: (209) 296-4899