# EMERGENCY SERVICES

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone Number</th>
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<tbody>
<tr>
<td><strong>Sheriff</strong></td>
<td>223-6500</td>
</tr>
<tr>
<td>Non-emergency law enforcement questions, or report suspicious activity that is not dangerous.</td>
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<tr>
<td><strong>Secret Witness</strong></td>
<td>223-4900</td>
</tr>
<tr>
<td>Anonymous reporting of suspected crimes</td>
<td></td>
</tr>
<tr>
<td><strong>Operation Care: Crisis Line</strong></td>
<td>223-2600</td>
</tr>
<tr>
<td>Talk to a trained volunteer if you are feeling overwhelmed or suicidal, or to report sexual assault or domestic violence.</td>
<td></td>
</tr>
<tr>
<td><strong>Adult Protective Services</strong></td>
<td>223-6550</td>
</tr>
<tr>
<td>AFTER HOURS/WEEKEND</td>
<td>223-1075</td>
</tr>
<tr>
<td>Responds to reports of abuse (financial, emotional, physical) of dependent adult or 65+</td>
<td></td>
</tr>
<tr>
<td><strong>Lifeline (a program of Amador-Tuolumne Community Action Agency)</strong></td>
<td>223-1485 (ext. 242)</td>
</tr>
<tr>
<td>Personal emergency response system. Local installers and support. Some units available for people on restricted income.</td>
<td></td>
</tr>
<tr>
<td><strong>Amador County Fire Protection</strong></td>
<td>223-6391</td>
</tr>
<tr>
<td>Answers general questions about fire prevention and fire related issues</td>
<td></td>
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<tr>
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<tbody>
<tr>
<td><strong>Regional Poison Center</strong></td>
<td>(800)876-4766</td>
</tr>
<tr>
<td>Questions about effects and treatment for ingested substances for both people and animals.</td>
<td></td>
</tr>
<tr>
<td><strong>American Legion Ambulance</strong></td>
<td>223-2963</td>
</tr>
<tr>
<td>General information about ambulance services including out-of-county transport.</td>
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</table>

## GENERAL INFORMATION & ASSISTANCE

(If you don’t know exactly what you need or have many needs)

<table>
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<tbody>
<tr>
<td><strong>Common Ground Senior Services Inc.</strong></td>
<td>223-3015</td>
</tr>
<tr>
<td>Information about federally funded services for people who are 60 or older.</td>
<td></td>
</tr>
<tr>
<td><strong>Amador County Senior Citizens</strong></td>
<td>223-0442</td>
</tr>
<tr>
<td>Programs for people over 55: legal services, caregiver support, social and education activities.</td>
<td></td>
</tr>
<tr>
<td><strong>Area 12 Agency on Aging</strong></td>
<td>(800)510-2020</td>
</tr>
<tr>
<td>Supportive services for people 60+ Including caregiver respite funds, some medical equipment and occasional assistance with other financial needs.</td>
<td></td>
</tr>
</tbody>
</table>
Amador County Library  
223-6400
Books, videos, computer access, audio books, research assistance

TRANSPORTATION:
Amador Regional Transit System  
223-BUSS
County-wide local transportation and Transit to Sacramento and Calaveras Co.

*S*T*A*R*S  
223-1246
Transportation to cancer treatments in San Joaquin County and Sacramento

Pioneer Cab  
223-3335
Delta Sierra Cab  
274-4333

Common Grounds Senior Services  
223-3015
Transport to local and out of area medical appointments. Wheelchair accessible van. Advance notice required.

HOUSING:
Common Ground Senior Services  
223-3015
Maintains lists of senior housing, assisted living facilities and board and care facilities.

Amador Tuolumne Community Action Agency (ATCAA)  
223-1485
Maintains homeless shelter and has some funding for homeless prevention activities.

Home Repair and Safety Modification  
223-0442
Referrals to reliable repair people. Assistance in assessing home safety needs. Some funds available for small projects.

PERSONAL CARE
Common Ground Senior Services  
223-3015
Assistance obtaining private, independent caregivers for people over 60. Families may contact on behalf of older family member.

In Home Supportive Services  
223-6550
Assistance to low-income people in obtaining caregivers for personal care including bathing, cooking and shopping.

In Home Supportive Services Registry:  
223-6782
Provides referrals to trained, screened caregivers for people on the IHSS program.

United Personal Care  
225-1478
Home Health aides for personal care; Homemakers and companions. Paid by Insurance or private pay.

In Home Quality Care  
(530)621-2273
Assistance with ADL/IADLs by aide and Home companions. Private pay.
SUPPORT GROUPS

Sutter Amador Outpatient Diabetes Program 223-7448
Comprehensive educational services, treatment And support meetings for people with diabetes.

Better Breathers 223-7581
Monthly educational and support meetings for people with chronic pulmonary problems.

Gold County Stroke Support Group 295-3485
Monthly meeting (except July and August) for people who are living with strokes and their family members.

Caregivers/Alzheimer’s Support 223-0442
Monthly meeting for caregivers of any family member or friend. Library and resource materials available.

Parkinson’s Support Group 296-2575
Monthly peer support group run by proACTIVE parkinsons project. Home visits, resources, online support.

Senior Peer Counseling 223-3015
Trained senior volunteers provide support to other seniors who are facing depression or loneliness.

FINANCIAL:

Social Security: (800)772-1213
Main number for information about obtaining social security and questions about payments. A representative from Social Security is in Sutter Creek at City Hall the 4th Tuesday from 9 to noon.

Amador –Tuolumne Community Action Agency (ATCAA) 223-1485
Assistance with energy bills and connection to other support programs for electricity or propane bills.

MediCal 223-6550
Financial assistance for medical care for low income people

FOOD:

FOOD Stamps 223-6550
Assistance to low-income people with obtaining subsidies for groceries.

Interfaith Food Bank: 267-9006
10 a.m. to 2 p.m. M-F Distributes groceries, helps low-income people apply for food stamps, WIC and other food related support programs.
**Home Delivered Meals**
Hot and frozen meals delivered during week and for weekends by Common Ground Senior Services. Must be 60 or spouse of 60 year old.

**Senior Meal Sites**
Lunch (M-F) at the Amador County Senior Center in Jackson and on Wednesday at the City Hall in Plymouth.

**HEALTH CARE:**

**Sutter Amador Hospital**
24-hour emergency care. Acute care with full inpatient services. Outpatient services including Sleep Lab, Women’s Health Services, Pediatric Clinic and full radiology services.

**Kit Carson Convalescent and**
Rehabilitation Facility
Rehabilitation, long-term and hospice skilled nursing care. Separate unit for patients suffering from dementia.

**United Home Care**
Nurses, Physical Therapist, Occupational Therapist, Speech Therapist, Home Health Aides. Medicare/MediCal, private insurance and private pay. Requires order from primary health care provider.

**HICAP**
Appointment with local counselor for free assistance information regarding Medicare and health insurance.

**Public Health**
Information about rabies, immunizations, HIV, West Nile Virus and epidemics or bio-hazard events.

**Behavioral Health Care**
(Previously Mental Health Services)
Provide services for urgent mental health Care, drug and alcohol counseling and court-appointed domestic violence counseling

**Hospice of Amador & Calaveras**
In home care for people who have a terminal disease and a family caregiver. Nursing, social work, and home health aides.

**STARS**
Answer questions about local and regional services available to cancer patients and survivors -- oversees cancer patient transportation providing free transportation (including wheelchair access) to radiation and chemotherapy treatments Sacramento, Stockton, Lodi, and in Amador County.
**DURABLE MEDICAL EQUIPMENT:**

These businesses provide medical equipment and supplies like wheelchairs, walkers, beds, oxygen supplies, dressing supplies, Incontinent supplies etc. Medicare and MediCal, private Insurance may pay for some supplies.

- **Apria Healthcare supplies** 223-7727
- **Ione Pharmacy & Medical Supplies** 274-2432
- **Western Health Care Industries** 223-7306

**PET CARE:**

- **Common Ground Senior Services** 223-3015
  Referrals to paid workers who will care for pets, as well as occasional volunteer services to transport pets to vet. Referral to boarding pets if you need to go into the hospital.

- **A-PAL** 223-0410
  Assistance with spay/neuter, adoption.

**CAREGIVERS:**

- **United Personal Care** 223-1478
  Provides caregivers for 4 to 24 hours a day (thru private pay and insurance) to anyone with ability to pay.

- **Amador County Senior Center** 223-0442
  Assistance to disabled people 55 to 59 years old in obtaining caregivers.

- **Amador County Veterans Service** 223-6484
  Information and assistance to veterans and their families about benefits and services.

**LEGAL ASSISTANCE**

- **Amador County Senior Citizens** 223-0442
  Local attorneys provide free half-hour consultations on simple legal matters such as wills, consumer issues, landlord-tenant disputes. By appointment.

- **Amador Senior Citizens Advocate** 223-0442
  Confidential consultations. Credit card issues, neighbor, landlord/tenant disputes, budget and consumer issues. Referral to legal services as needed.