SWIMMING GUIDELINES FOR POOL USERS
PROTECT YOURSELF & OTHERS FROM COVID-19

DO:
• Check in before entering the pool
• Stay at least 6 feet away from others to maintain social distancing
• Keep your hands clean by washing hands with soap and water, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing

DON’T:
• Visit the pool or other public areas if you are sick with COVID-19, were recently exposed (within 14 days) to someone with COVID-19
• Visit the pool if you are experiencing nausea, vomiting, or diarrhea
• Visit the spa or hot tub
• Gather in large groups