

Amador County Public Health Department

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FREQUENTLY ASKED QUESTIONS (FAQs) (04/30/2020) **Stay-at-Home Order**

Updated Order

On March 20, 2020, the Health Officer of Amador County issued an order requiring people to stay home except for essential needs. The Health Officer issued an updated order on April 3, 2020 ("Order"), which extends and clarifies the prior order. The extension issued April 30, 2020 clarifies that the Order is to be read broadly where appropriate and within reason, thereby relaxing restrictions on social mobility and business activity in the County, where feasible within the restrictions imposed by the statewide order to stay at home issued by the Governor on March 19, 2020.

What to do?

Vulnerable populations including the elderly and those with underlying health conditions must stay home as much as possible. All community members should stay home except to perform essential duties for business continuity or government functions, to get food, care for a relative or friend, get necessary health care, or perform activities related to maintaining a healthy lifestyle during this time.

It is OK to go outside for walks or exercise if you are not in a group and practice proper social distancing. A number of activities that allow for social distancing are now allowed. Tennis, pickleball, basketball and volleyball courts may be used by members of the same household only. A volleyball team cannot meet and practice, but you can play a game with your children or siblings. Games that require balls or other equipment can only be played if the equipment isn't shared outside of household members. For example, it is allowable to play "catch" with your children or siblings, but not hold a pickup game that involves more than one household.

Why are we doing this?

This is a critical intervention to reduce harm from the spread of the coronavirus (COVID-19) in our community. This is a mandatory order enforceable by a fine or jail.

Our community needs to continue doing everything we can to slow the spread of COVID-19 and to prevent it from overwhelming healthcare resources. We need and appreciate the cooperation of everyone who lives and works in Amador County to continue following the Order. The patterns of COVID-19 around the world, and in our own state, tell us that maximizing social distancing and restricting people gathering is the best way to fight the virus.

If everyone works together, we can save lives. Please be patient and kind to one another. Together, we will get through this, and our community's health risk will be minimized.

How long will we stay home?

The Order is in effect as long as health officials deem it necessary to slow the spread of COVID-19. The Order is currently in effect until 11:59 p.m. on Friday, May 15, 2020. The Health Officer will be closely monitoring the situation in order to determine what adjustments make sense and advise the County through the process of planning for reopening.

What can I do? What's open?

These essential services will remain open:

- City/County government services: Police/Sheriff stations, fire stations, hospitals/clinics and healthcare operations, jails, garbage/sanitation, transportation, utilities (water, power and gas) and most offices
- Gas stations
- Pharmacies
- Food: Grocery stores, farmers markets, food banks, convenience stores, take-out and delivery restaurants
- Hardware stores, contractors, plumbers, electricians and those who provide services necessary to maintaining the safety, sanitation, and essential operation of residences
- Banks
- Certain community benefit organizations
- Laundromats/laundry services
- Cemeteries and mortuaries

What's closed?

- Dine-in restaurants
- Bars and nightclubs
- Entertainment venues
- Gyms and fitness studios
- Barber shops; nail, hair, and beauty salons; and tattoo parlors

What can't I do?

- You cannot engage in group activities in person with others.
- You cannot have dinner parties. You cannot invite friends over to your home to hang out.
- You cannot go to bars or nightclubs.
- You cannot go to a nail salon or get your hair cut by a stylist or barber.
- You cannot go shopping for non-essential goods.
- You cannot take unnecessary trips on public transport or using your car or motorbike.

Where does this apply?

This is in effect throughout all of Amador County including all cities, towns and unincorporated areas.

Is this mandatory or is it just guidance?

It is mandatory. This Order is a legal order issued under the authority of California law. You are required to comply, and it is a misdemeanor crime not to follow the Order (although the intent is to achieve compliance and not punishment).

It is critical for everyone to follow the Order to prevent the spread of COVID-19 and protect themselves, their loved ones, friends, neighbors and the whole community.

All persons, businesses, and other entities are required to comply if they do not fall within the exemptions that are specified in the Order.

What if I need to get healthcare from my medical provider?

You should still get your health needs addressed. Essential travel includes exemptions for medical appointments and services such as dialysis.

It is advisable to contact your health care provider to see if they are providing regular services.

If you are feeling sick, please first call your doctor, a nurse hotline, or an urgent care center.

In the event of an emergency, please call 911 or seek medical care right away.

Can I leave home to visit friends or family members if there is no urgent need?

No. For your safety as well as their safety, we need to help each other fight the spread of COVID-19 by staying at home.

Can I still get deliveries from online stores? Can I order from online stores?

Yes. The mail and other delivery services to your home can continue to function, as can food delivery services.

Yes, you can place orders from online stores. Businesses that deliver goods or services directly to residences may continue to operate.

Can I use ride share or on-demand service or a taxi?

Yes, but only for essential travel.

Do your best to take social distancing precautions: cover your mouth and nose if you cough or sneeze, use hand sanitizer, wash your hands before and after rides, and it is advisable to wear a face covering.

Can I take public transportation?

Yes, but only for essential travel.

Public transit will continue to operate on a limited basis. When using public transport, you should maintain at least 6 feet, two to three steps away, including if you are on the bus or on trains. Use hand sanitizer, wash your hands as soon as possible, and it is advisable to wear a face covering.

You want to help everyone be able to practice social distancing. Therefore, it's important to only take public transportation for essential activities.

Can I get my prescriptions or other health care needs? Can I leave home to go to the pharmacy to get my prescription filled?

Yes. Drug stores and other medical supply stores can operate. Persons who are at increased risk for severe COVID-19 should send another to the pharmacy to pick up medications. When possible, you should have the drug store deliver your prescription medicine to your home.

How will I get food and medicines I need if I must stay in my home?

The Order specifically allows people to leave their home to buy food, purchase medicine, and purchase other necessary items. It also directs businesses selling those items to remain open and allows employees of those businesses to keep working and to ensure those businesses are operating.

Should I stock up on food, necessities like toilet paper, and on medicines?

No. You will continue to be able to purchase these items whenever you need them, as stores selling necessary items like grocery stores, pharmacies, and hardware stores will remain open. Minimizing the number of trips you make to stores is advisable.

Continue to buy normal quantities of these items on the same schedule you normally do. This will ensure that there is enough for everyone.

Can I leave home to care for my elderly parents or friends who require assistance to care for themselves? Or a friend or family member who has disabilities?

Yes. Be sure that you protect them and you by following social distancing guidelines such as washing hands before and after, using hand sanitizer, maintaining at least 6 feet of distance when possible, and coughing or sneezing into a tissue.

Can I visit loved ones in the hospital, nursing home, skilled nursing facility, or other residential care facility?

Generally, no. Hospitals and long term care facilities have instituted visitation restriction policies consistent with guidance from the Centers for Disease Control and Prevention.

It is strongly recommended that you do not go to a hospital unless you are seeking emergency medical attention or accompanying a minor who is under 18 years old or someone who is developmentally disabled and needs assistance.

Please use alternative ways to communicate with loved ones at nursing homes and residential care facilities—such as facetime and texting. The residents at those locations are the most vulnerable to COVID-19.

If you need to know more, please contact the facility you want to visit by phone before you leave.

This is difficult, but it is necessary in order to protect hospital staff and other patients.

What should I do if I'm sick and need to go to the hospital or a medical provider? How can I protect others?

If possible, walk or drive yourself to the healthcare facility. If someone else in your home is not sick and can drop you off, that is another good option. You want to try to avoid exposing others to any germs you have, especially if you are seriously ill.

If you have Personal Protective Equipment (PPE) like a mask, you can wear that to prevent exposing others. If you don't have that, you could use a temporary method such as wrapping a clean scarf around your mouth and nose to try to reduce droplets when you cough and sneeze.

Covering your face is something you can do to avoid exposing others. Just do the best you can.

What if I can't get out of the home? How can I get supplies and food?

Please contact friends, family, or others you know who can provide support. They are permitted to pick up any of your needs. If you are a client of a community agency, contact the agency by phone for assistance.

What about childcare and preschool?

- Must be carried out in stable groups of 12 or fewer each day
- No interchanging of groups of children
- If more than one group is at a facility, then each group must be in a separate room (no mixing of groups)
- Each provider must stay with only one group and not change

Can I go buy pet food or take my pet to the vet? What about pet grooming?

- Yes, you can buy pet food and take your pet to the vet or pet groomer for necessary care.

Can I go for a walk in my neighborhood?

- Yes, but perform social distancing.

Do I have to perform social distancing at home with my family?

- No

How will the agriculture industry be impacted by this Order?

- Farming, ranching and livestock businesses which provide food are exempt from the Order. Those whose jobs include food production such as planting, harvesting, processing, packing and transporting may go to work but as much as possible comply with social distancing practices.

I work in construction, how will this Order impact my job?

- This Order allows construction to continue. Social distancing measures should be used.

Can I still go to church, synagogue, or mosque?

- No. Places of worship have not been exempted under the Order. Places of worship can still provide services listed in the Order as essential such as food banks and funerals. Many congregations are providing online services. Recently, the State determined that drive-in church services are allowable, as long as social distancing between households is maintained.

Are other drive-in services (such as drive-in movie events) allowed?

Yes. So long as social distancing is practiced and the occupants in the car are people from the same household, then drive-in movie events or other drive-in events are permissible.

What about if I need medical care?

- Hospitals, medical facilities, and other health care providers are exempted from the Order. You are free to go there and get medical attention. If a medical emergency occurs call 911. For non-emergent care, please call ahead.

What about if I need dental care?

- Dental facilities are exempted from the Order. You are free to go there and get dental care. Please call your dentist to inquire if they are scheduling appointments.

I receive mental health treatment; can I still go to their office?

- Yes, but perform good hygiene practices and social distancing.

Can I pick up my prescriptions?

- Yes, or ask for them to be delivered if that service is available.

I had tickets to an event, will I get my money back?

- You will have to work with the host of your event to see if the event is rescheduled or your money will be refunded.

How do I prove that I am allowed to be outside?

- The Order contemplates that citizens will adhere to their civic duty and follow the Order for the greater good of the community and comply with the Order. At this time there is no requirement of proof that you are allowed to be outside your residence.

Do I have to report to jury duty?

- No. The courts have suspended trials. The courts are under the jurisdiction of the State of California. Please call the number on your jury service form for instructions as to when the suspension is lifted.

I have a citizenship test; can I still go take my test?

- Essential government functions are determined by the government entity that has jurisdiction. In this case, the federal government will determine whether citizenship tests are going forward. Please contact the appropriate government agency administering the test to determine whether you should appear. If required to appear, practice strong hygiene and social distancing.

I am an Uber/Lyft driver, can I still work?

- Yes, when providing rides for essential activities or providing rides to people performing essential government functions, essential infrastructure, or essential business

I operate a grocery store, I am worried about people hoarding, looting, and too many people in the store at once, what do you recommend?

- We recommend (not require) the following:
 - Increase security;
 - Limit the amount of people in the store at once;

- Implement an organized line system where people are spaced at least a few feet apart (ideally 6 feet);
- Implement purchase limits on toilet paper, soap, hand sanitizer
 - An example: 1 person/family can buy 1 package of toilet paper, one bar of soap, 1 sanitizer per shopping trip.
- Extend hours;
- Offer pick up or deliveries of grocery items; and
- Increase the frequency of cleaning.

My child is away at college, can I go pick them up and return home?

- Yes

My wedding is scheduled next week at my church, can it still go on?

- No

Will cemeteries remain open?

- Yes, they can continue to employ people and maintain operations. We consider cemeteries an essential infrastructure. However, please implement social distancing.

I operate a food bank that services dinner, can I still operate?

- Yes, but have the food to go and try implement good hygiene and use social distancing.

I don't have a washer/dryer in my home. Can I leave to do laundry?

- Yes, you can go to a laundromat and other laundry service providers.

Are outdoor recreational activities allowed under the Order?

- Yes, individual recreational activities such as walking, hiking, biking, running, horseback riding are allowed. However, businesses that facilitate these activities are generally not allowed to be open unless they can prevent the types of contacts that increase the risk of contagion such as person-to-person financial transactions, shared or rented equipment, or other actions that expose people to higher risk of contagion.

Is fishing allowed?

- Yes. Fishing is considered an outdoor recreational activity, and is allowed under the same rules discussed above.

Can golf courses remain open?

- Yes, but golf courses must take necessary precautions to maintain social distancing requirements and to prevent contacts that could spread COVID-19. Examples of precautions businesses could take include: staggering tee times; allowing only one person at a time into the golf shop, and then sanitizing between customers; closing the club house and locker rooms; disabling ball-washing devices; closing practice facilities; eliminating rakes in bunkers; removing flag sticks from greens or taking other precautions to ensure they are not handled; inverting cups on greens to prevent balls from dropping in the hole; limiting the use of carts and requiring one person per cart except for spouses, and sanitizing after use; and eliminating golf-lessons.

Can I hire a landscaper? What about a handyman?

- Yes, but only if the landscaping is necessary for safety reasons. For example, limb removal, brush clearing, and activities necessary to create a defensible space as we approach fire season are allowed. Landscaping for aesthetic purposes only is not allowed.
- Yes, you may call a handyman to perform services at your home, but only if the work is necessary to maintain the safety, sanitation, or essential operation of the home. Plumbers, electricians, exterminators, and other service providers are also exempt from the Order so long as the service provided is necessary to maintain the safety, sanitation, or essential operation of the home.

Are real estate sales allowed? Can I attend an open house?

Service providers that enable any type of real estate transaction are exempt from the Order. This includes real estate agents, escrow agents, notaries, title companies, etc. However, open houses are not allowed. Residential viewings must be virtual (online). If a virtual viewing is not possible, then it must be by appointment only.

Are private schools (K-12 schools, colleges, and universities) allowed to be open?

- Yes, educational institutions are exempt from the Order for purposes of performing essential functions, provided that social distancing of six-feet per person is maintained to the greatest extent possible. The schooling and education of children and adults is considered an essential function.

Can wineries and other tasting rooms remain open?

- Wineries and other beverage tasting rooms are not considered essential except that these businesses may sell food and beverages (including alcohol) for delivery or carryout.

Can I stay at or operate a hotel, short term rental, or campground?

Staying at a hotel, short term rental (30 days or less), campground, tourism, or “sheltering in place” away from home is not allowed. However, these facilities may operate to provide housing for the homeless, to provide containment for those with COVID-19, or to house essential workers providing services within the County. These facilities may also be used for people who were using them as their primary residence prior to March 20, 2020. Nothing in the Order should be interpreted such that it causes displacement of residents.