Amador County Public Health is monitoring the global novel coronavirus (COVID-19) outbreak closely and working with our partners at the Centers for Disease Control and Prevention (CDC) and California Department of Public Health (CDPH).

**Students or school staff with recent travel:**

Individuals with recent travel from areas with widespread or sustained community transmission should be alert for respiratory symptoms such as cough, shortness of breath, and fever. If they become symptomatic, these individuals should not report to work or school and should contact their medical provider to report their symptoms and travel history. **As of February 26, 2020, the CDC has identified the affected geographic areas as China, Iran, Italy, Japan, and South Korea.**

We understand students, staff, and families may have concerns and anxiety about COVID-19, but please be assured at this time there is no need to change daily routines.

**Students, faculty, and staff should practice the same precautions as during cold and flu season:**

- Stay home if you have a fever or are feeling sick. Unless sick, students and staff should continue to attend school.
- Cover your nose and mouth with a tissue or your sleeve (not your hands) when sneezing or coughing.
- Wash your hands with soap and water often. Use an alcohol-based hand sanitizer if soap and water are not available.
- Routinely clean frequently touched surfaces.
- Get your flu shot. The flu vaccine won’t protect against COVID-19, but it is highly recommended to help keep you healthy.

The CDC does not recommend the use of face masks among healthy individuals. N95 respirator masks are not designed for and should not be worn by children.

Please provide families with the information provided or direct them to the websites listed below.

Amador County Public Health will continue to provide updates if local conditions change.

To learn more please visit: